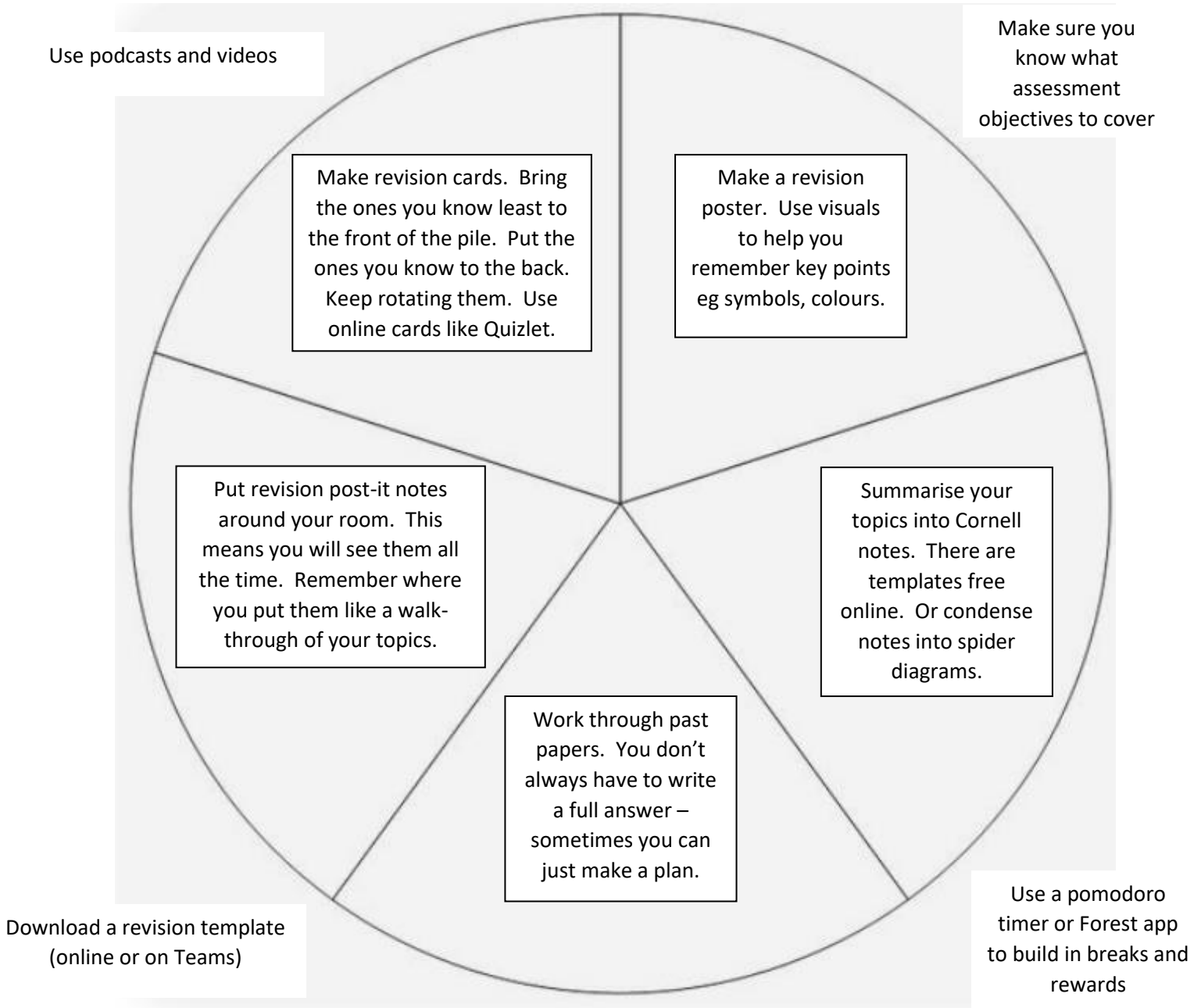


REVISION WHEEL

Vary your revision by trying all these different activities



“If I spend time making my notes look nice it just distracts me”

Eat well

Sleep well

Be kind to yourself and think positive thoughts

Stay hydrated