



6th Form Round Up

Date: 26th February 2021

TOP TIPS FOR STUDYING AT HOME

Some tips for studying at home from Tim Foot Study Skills.

1. Find A Reason

It helps to have an end goal to work towards. So why exactly are you studying? What's the next step? What grades do you need? Is your end goal a place in the Sixth Form? Going to university? Getting an apprenticeship? A job you want to do? A satisfying lifestyle? Thinking about this is exciting!

2. Have A Regular Place To Study

School work is best done sitting at a well-lit space with a good internet connection and where there are no distractions. Keep your workspace clear, tidy everything away when you've finished. If it's not quiet, use earphones to block out the surrounding noise. If you're using the kitchen table, ask that it's yours alone for the time you need it. Keep basic resources to hand, e.g. pens, pencils, ruler, calculator.

Have things around you that make you feel positive, like favourite photos, objects or inspirational quotes!

3. Keep Others In The Loop

Let others in your house know when you're studying and ask that you're not disturbed (ask nicely though!). If you have a study routine or lesson timetable give a copy to your parents.

4. Have A Morning Routine

You probably have a morning routine for normal school days which involves showering, breakfast and getting dressed. Simply follow the same routine and adapt it slightly if necessary. Getting dressed is a must as it gets you in the right frame of mind for studying. Set your alarm for at least an hour before you need to start working.

5. Be Ready Early

Be at your place of study about 10-15 minutes before you have to start, especially if you're having a 'live' lesson. This will give you a chance to check you've got everything to hand and that you've got a good internet connection.

6. Plan Your Time



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The work your school gives you is likely to be a blend of live lessons, pre-recorded lessons and tasks. Some schools will have set routines, while others will give you tasks to work through and leave it to you to sort out how you go about it. Whatever the case at your school, at the beginning of each day, give some thought to what needs to be done and when you plan to do it. You could make a to-do list of things you need to get done that day. Planning your time is a great stress-reliever!

7. Check Emails Regularly

Your school and individual subject teachers will probably send you regular emails about the work you have to do, as well as other things. Make it a priority to check your email several times a day.

8. Make The Most Of Online Resources

Explore the online support resources provided by your teachers. Ask your friends which ones they've found helpful. If you're not sure about the online resources your school has made available, email your teachers.

9. Get Rid Of Digital Distractions

You're probably aware of how much your phone distracts you when studying. Switching your attention between your studies and your phone results in you learning less and taking more time to get stuff done. When studying, put your phone in a different room, switch it off or use an app blocker!

10. Create An Online Study Group With Friends

An online study group is an ideal way to share thoughts and ideas with your friends about the tasks you've been set. Studying with others is a good way to learn actively and can be fun. Your friends will also remind you when deadlines are looming!

11. Reach Out, Ask For Help

It's important that you know you're not alone. Your teachers are always there and ready to listen to any problems you may have. Make sure you know who to contact at your school if you need to, e.g. form tutor.

SIXTH FORM FUTURE INTENTIONS GUIDANCE

There is a free webinar run by Bridge U about career aspirations and university applications on 4th March at 2pm. Please see the information and link below if you are interested.



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A quick reminder that our free webinar, [Career Aspiration to University Application: Helping Students Make the Jump](#), is next week!

The #1 topic as voted by you in this year's webinar survey, this session will cover:

- Tips for starting careers research with your students
- Making sure their professional goals align with their strengths
- Helping their career aspirations guide their university research

[Register for the webinar here.](#)

UCAS

UCAS Weekly offerings to help and support you on your next step.

Many students in Year 13 know what their next step will be; job, apprenticeship, university or gap year. We know that this year, like last year, does leave many wondering what is the best option for them. UCAS have a whole section on their website for all students in Year 13 and Year 12 to look at to help them make informed choices and make them feel more confident about their next step. We have chosen a few areas that we feel will be beneficial for all students in both year groups to look at. There are links for each area shown. Please have a look at these to see if they can help start conversations at home which may help

alleviate anxieties about what to do next or for the best. We are all available to help and support all students, please email sixthform@tahs.org.uk or the students can message the Sixth Form Team directly via Teams chat function.

Next week there are talks taking place each day to help and support students on a variety of topics. Please see below for details.

Click on the link to register <https://www.ucas.com/ncw2021>



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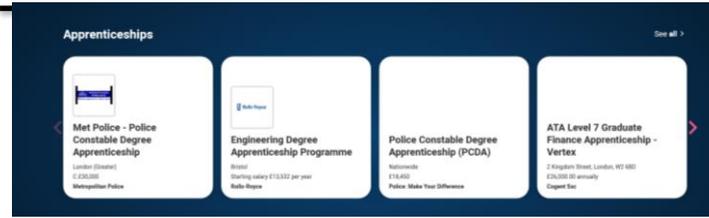
What's on...

Monday 1 March Student stories: Uni or apprenticeship?	Hear from students and apprentices on what it's actually like, either studying at uni or in the workplace. Find out how they decided on their path, how it's different to school or college, and most importantly... ask questions!
Tuesday 2 March CV writing workshop with Reed	Knowing what to include, the language to use, and how to structure your CV is something you'll use for your entire working life. In this workshop, recruitment experts from Reed take you through all this and more. Ask questions, make notes and get involved.
Wednesday 3 March Jack Parsons: Becoming an award-winning CEO in his early 20s	Jack became CEO of The Youth Group in 2018. His career kicked off by taking a photo of two coffee cups. He's now known as the UK's Chief Youth Officer and has been named as the Most Connected Young Entrepreneur. In this session Jack takes us through his journey as a self-starter, sharing the challenges he's had to overcome, and offering you advice as you research your options. He'll also be taking some of your questions, live!
Thursday 4 March How to secure a school-leaver opportunity	Discover some of the very best school-leaver opportunities available to apply for right now at some of the biggest companies in the UK and beyond. We'll hear from young people working in the companies, how they successfully got the job, what they do now and what their future holds. Join us for this highly informative and practical session where you'll get hints and tips on how to apply for their opportunities and how to ace their recruitment processes.
Friday 5 March How to ace interviews	Interviews are as much of a science as they are an art. In this workshop, recruitment expert, Hayley shares the secrets to acing your interview. From how to prepare, tips for questions you've not prepared for and more... It's a session not to miss!

If your son or daughter is interested in a degree level apprenticeship then please follow this link: <https://www.ucas.com/explore>

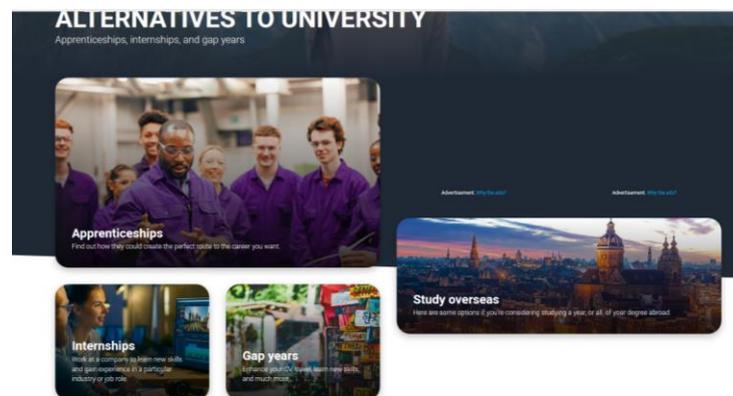


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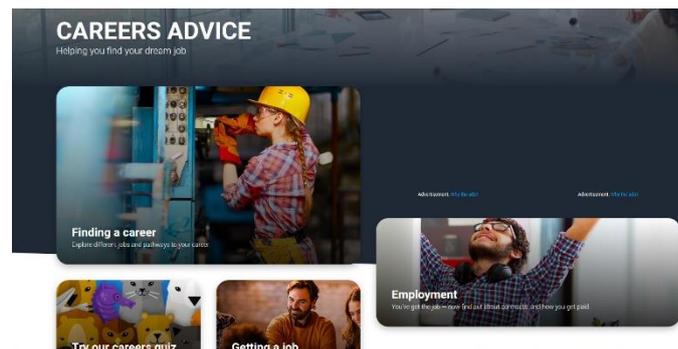


If further guidance is required for internships, gap years or apprenticeships or studying abroad then please click on the link below.

<https://www.ucas.com/alternatives-to-university>



Lastly from UCAS they are offering help and support for career options which you and your son or daughter may find useful. <https://www.ucas.com/careers-advice>



Please see information below on how to register for free events designed to give parents insider knowledge about industries in order to help support your child and their future plans.



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Success Beyond School: Parent Events

A termly series of events designed to give parents insider knowledge about the industries young people aspire to break into; delivered by top professionals from those fields.

- ✓ Key industry-specific knowledge to guide your children
- ✓ Experience of the industry through interactive simulations
- ✓ Coaching on how your child can gain a competitive advantage in the race for top jobs
- ✓ Q&A time with industry experts



SPRING TERM PARENT EVENTS

THE SKILLS SURGERY

How to break into careers in medicine, dentistry and veterinary science

Wednesday 24th February | 7-8pm GMT

[REGISTER
HERE](#)

THE POWER OF NETWORKS

Expert advice on how your child can build a powerful network

Wednesday 3rd March | 7-8pm GMT

[REGISTER
HERE](#)



These events are free of charge and will be delivered via Zoom.